

**COMPEX** 

**FIXX 1.0** / INSTRUCTIONS FOR USE

## INTRODUCTION

Complex® Fixx™ 1.0 massager provides the ultimate deep tissue massage for sore and overworked muscles. Fixx massager adjusts to 3 different speeds ranging from 25, 33, and 46 strokes per second. Combining speed and hand pressure customizes massage to meet your needs and requirements for recovery. Fixx massager can help reduce soreness, loosen tight muscles, and can be used for warm up prior to activity.

## SAFETY WARNING

### **THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:**

- Used by and/or administered by adults only ( 21 and over).
- Stop immediately if you feel any pain or discomfort.
- Avoid contact with head and/or other bony areas.
- Use on body parts for no more than 1 minute per specific location. Keep moving over muscles and avoid bony areas.
- Avoid putting fingers, hands and/or hair near the ball/shaft section of Fixx massager.
- Do not drop Fixx massager.

## CONTRAINDICATIONS

### **PLEASE DO NOT USE FIXX MASSAGER WITHOUT RECEIVING APPROVAL FROM YOUR PHYSICIAN IF THE FOLLOWING CONDITIONS APPLY:**

- Recent surgeries of any kind
- Skin conditions and/or wounds affected by vibrating massagers
- Herniated disks
- Pregnancy
- Diabetes/neuropathy or retinal damage
- Wear of pacemakers
- Injuries affected by vibrating massagers- Do not drop Fixx massager.

## WARNINGS

- Consult your doctor before using this product. Do not use if injured.
- Do not immerse in water, sand and/or loose debris that might get into motor housing vent.
- Do not remove screws or attempt to disassemble.

## PRECAUTIONS

**Consult your doctor before using this product if you have:**

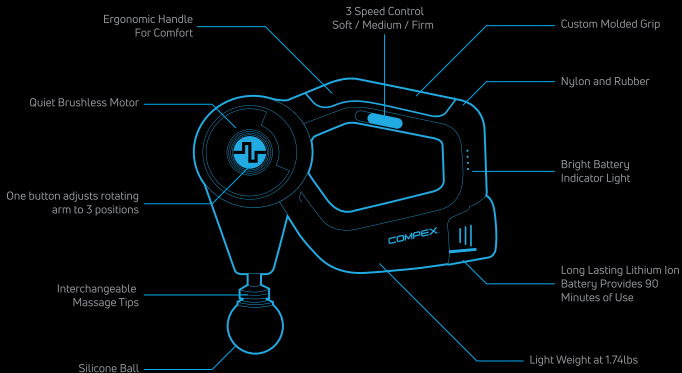
- Recent surgeries of any kind and/or wounds affected by vibrating massagers
- Herniated disks
- Pregnancy
- Diabetes/neuropathy or retinal damage
- Wear of pacemakers
- Injuries affected by vibrating massagers

## ADVERSE REACTIONS

You may experience skin irritation and mild bruising if Fixx is used in one spot for more than 60 seconds or over bony areas. Adverse reactions may be experienced by people recovering from surgery, skin conditions, wounds, nerve conditions, broken bones and/or contusions. To avoid reactions, users should consult doctor prior to using Fixx Massager.

# OPERATING INSTRUCTIONS

1. Connect the charging plug to the battery charging base unit and plug into wall outlet. Place battery on charging station. Charge 1.5-2.5 hours before use
2. When battery is charging a red light appears. Once the battery is fully charged, a green light appears. *(Refer to figure 1A and 1B )*
3. Before use, make sure Fixx™ massager is off. Then, place the ball on to the metal shaft with slight pressure until the shaft stops inside the ball. Turn clockwise until ball is secured in place. The ball must be connected prior to operating the Fixx™ massager *(Refer to figure 3A )*.
4. Fixx™ massager turns on when battery is inserted into massager. Making sure Fixx™ massager switch is in the OFF position, slide battery into battery slot by pushing battery in until you hear the tabs on each side click into place.
5. To turn on, slide switch on the upper handle forward until massager starts to run. Slide the switch further forward to increase speed to three levels *( 1, 2, 3)*.
6. To rotate the arm, press the button on the circular housing. Arm can lock into 3 different positions *( 0, 45, 90 degrees )*. *(Refer to figure 2B )*
7. There are four indicator lights on Fixx™ massager body showing battery capacity of 25%, 50%, 75% and 100%. When the battery reaches 25% remove and place on battery charging base. To ensure long battery life, try not to fully deplete the battery. *(Refer to figure 1A and 1B )*
8. To remove battery, squeeze tabs on both sides of the battery and pull away from the massager body.
9. To remove ball, turn Fixx™ massager off and turn ball counterclockwise and pull ball away from the shaft. Use antibacterial or alcohol wipes to clean ball between uses.



# OPERATING INSTRUCTIONS

## SPEED BUTTON:

Speed 1: 1500 RPMS Power (W): 3.4 / Voltage (V): 12.0/ Current (A): 0.28 / Noise (DB) : 57-60

Speed 2: 2200 RPMS Power (W): 7.5 / Voltage (V): 12.0/ Current (A) : 0.63 / Noise (DB) : 62-65

Speed 3: 2800 RPMS Power (W): 12.3 / Voltage (V): 11.9/ Current (A): 1.03 / Noise (DB) : 67-70



**OFF**



**SPEED 1**



**SPEED 2**



**SPEED 3**

# MAINTENANCE, CLEANING & STORAGE

- Wipe down with damp towel to clean device, then dry.
- Wipe ball and/or tips and grip with anti-bacterial wipes to prevent any bacteria contamination.
- Remove battery and place in EVA case for storage or travel.

## TROUBLESHOOTING

- If Fixx Massager will not power on, remove battery and place on charger until battery is charged.
- If ball will not remove from shaft, turn counterclockwise to remove.
- If battery will not charge, check connections of power cord connected to battery charger or wall plug in power outlet.
- If arm won't articulate, press button on the hinging head and move it in opposite direction to release and move to intended position.

## RECOMMENDED USE POSITIONS

Visit [compex.com](http://compex.com) to see recommended use positions.

## WARRANTY

Within one year from the date of purchase, if Fixx Massager fails due to a defect in material or workmanship, Compex will repair or replace the product, or necessary components, free of charge.

### **THIS WARRANTY EXCLUDES:**

- Damage caused by abuse, mishandling, or transport
- Unauthorized repair will not be warranted.
- Fixx massagers not used in accordance with Fixx Massager care instructions
- Abnormal storage
- Failure to provide proof of purchase

## **BATTERY SPECIFICATIONS / VOLTAGE / ADAPTER**

Battery cell Specifications Battery cell 3pcs 2AH/ 2200mah 5C series parallel combination 12.6V(2200mah)/10A/Brand Tianpeng/A Battery info: life span - est. 350 times charge-discharge. Store at 10C-25C/50F-77F.

Note about Battery Shelf Life : If the device is not used for an extended period, we recommend that you charge the batteries to 50% of their capacity every 3 months , you should also store the device containing the batteries in a cool and dry environment. Service life of battery is 3 years.

Adaptor AC100-240V-50/60Hz 0.8A / OUTPUT:15V=1000mA US plug ETL DC5.5 male end cable length 1.5M

Protective current 10A 3S

Stand-by power consumption:2mA

Battery charge and discharge time DC15V 1A Battery charge time 1.5-2.5 hours No load 3-4 hours Normal massag 1-1.5 hours



## **CONTACT INFORMATION**

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